



Friday 13th March, 2020

COVID-19 (Coronavirus)

Dear Parents/Carers,

Please see below, the latest advice on Coronavirus:

COVID-19 is a new illness that can affect your lungs and airways. It's caused by a virus called coronavirus.

Stay at home if you have coronavirus symptoms

Stay at home for 7 days if you have either:

- a high temperature
- a new, continuous cough

Do not go to a GP surgery, pharmacy or hospital.

You do not need to contact 111 to tell them you're staying at home.

Use the NHS 111 online coronavirus service if:

- you feel you cannot cope with your symptoms at home
- your condition gets worse
- your symptoms do not get better after 7 days

➔ Use the 111 coronavirus service

Only call 111 if you cannot get help online.

**IT IS VITAL THAT YOUR CHILD ATTENDS SCHOOL – PLEASE REMEMBER THAT NO HOLIDAYS ARE TO BE TAKEN DURING TERM TIME.
NO AUTHORISATION WILL BE GIVEN UNDER ANY CIRCUMSTANCES.**

How coronavirus is spread

- Because it's a new illness, we do not know exactly how coronavirus spreads from person to person.
- Similar viruses are spread in cough droplets.
- It's very unlikely it can be spread through things like packages or food.

How to avoid catching or spreading coronavirus

Do

- ✓ wash your hands with soap and water often – do this for at least 20 seconds
- ✓ always wash your hands when you get home or into work
- ✓ use hand sanitiser gel if soap and water are not available
- ✓ cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- ✓ put used tissues in the bin immediately and wash your hands afterwards
- ✓ try to avoid close contact with people who are unwell

Don't

- ✗ do not touch your eyes, nose or mouth if your hands are not clean

Treatment for coronavirus

- There is currently no specific treatment for coronavirus.
- Antibiotics do not help, as they do not work against viruses.
- Treatment aims to relieve the symptoms while your body fights the illness.
- You'll need to stay in isolation, away from other people, until you have recovered.

To help stop the spread of infection, we have decided to take the following actions:

- **parents will not be permitted into the school building, unless it is deemed absolutely necessary**
- **there will be no Family Singing assemblies or Family Fridays, until further notice**
- **there will be no whole school assemblies – these topics will be addressed through class discussions**
- **the Easter Assembly will be postponed to a later date**

WE WILL BE POSTING REGULAR UPDATES ON OUR SCHOOL WEBSITE (www.abbott.manchester.sch.uk) AND FACEBOOK @AbbottCommunityPrimary

Thank you for your understanding.

Yours faithfully,

Miss Wilson