



Having **skin-to-skin** physical contact, **people who live in the same household or being coughed on.**



Having a face-to-face conversation for **any amount of time**. Being one metre apart for one minute or longer (*without face-to-face contact*)



Being within 2 metres of someone who has tested positive **for more than 15 minutes** (*regardless of whether you are wearing a facemask*)



If you remain more than 2 meters from other people, and they test positive for COVID-19, you are not a 'contact' and as such you're unlikely to need to isolate.